

Authorised by resolution of the Board of Directors of 20 January 2025

UNIDADE LOCAL DE SAÚDE DE SANTO ANTÓNIO

RESEARCH SCHOLARSHIP

Ref.^a BI.01/2025/NUTRIA/ULSSA

The Unidade Local de Saúde de Santo António (ULSSA) opens a competition for the award of a Research Scholarship within the scope of the Research Project “NUTRIA: Design and validation of an ultra-personalized nutritional system to support the self-care of women with gestational diabetes”, with reference 2022.09373.PTDC, with financial support from FCT/MCTES through national funds (PIDDAC).

1. Scientific Area:

Computer Science and Information Sciences
Health Sciences

2. Admission Requirements and Evaluation Criteria

2.1 Admission Requirements

- 2.1.1 Bachelor’s degree in Nutritional Sciences
- 2.1.2 Registration with the Order of Nutritionists
- 2.1.3 Enrollment in a Master’s program in Nutritional and Food Sciences (or a related field)

2.2 Specific requirements and factors for valorising applications

- 2.2.1 Professional experience in clinical nutrition
- 2.2.2 Scientific production
- 2.2.3 Professional or scientific training
- 2.2.4 Communication skills in English and other foreign languages
- 2.2.5 Immediate availability

3. Eligibility

Candidates must meet the eligibility conditions set out in articles 4 and 7 of the Research Grants Regulations of this Hospital Centre.

4. Work programme

The fellow is expected to contribute to the screening, selection, and recruitment of participants for pilot studies evaluating the mobile application supporting self-care; participate in diabetes and pregnancy consultations with the development of nutritional therapy and prescription of personalized meal plans,

evaluation and monitoring of the meal plan, and adjustments to nutritional therapy; contribute to the preparation of scientific articles or abstracts to be submitted to conferences or indexed journals, conduct literature reviews or fieldwork to contribute to the development of the NUTRIA system, write scientific articles, or prepare research proposals for the continuation of the work.

5. Applicable legislation and regulations

Research Grant Regulations (RBI) of the Centro Hospitalar Universitário de Santo António (CHUdSA), approved by the FCT on April 5th 2021 and the Research Grant Holder Statute, approved by Law no. 40/2004, of August 18th, in its current wording.

6. Work location

The work will be carried out at the Centro Hospitalar Universitário de Santo António, ULSSA, under the scientific supervision of Dr. Fernando Pichel.

7. Duration of the Grant

The duration of the grant is 7 months, starting in March 2025.

8. Monthly Maintenance Allowance

The amount of the grant is €990.98 (nine hundred and ninety euros and ninety-eight cents), adjustable according to the new Grant Subsidy Table for 2025. The allowance is paid monthly by bank transfer. Other subsidies - Voluntary Social Insurance, corresponding to the 1st level of the contributory incidence base, and Personal Accident Insurance, as provided for in the Research Grant Holder Statute.

9. Selection methods

The selection will be made through Curriculum Evaluation (CE) and Interview (I). In the CE, criteria involving the evaluation of the candidate's merit through the assessment of the motivation letter and academic background (bachelor's degree grade), professional experience in clinical nutrition, scientific production, professional or scientific training, communication skills in foreign languages, social activities, and relevant projects (70%) will be considered. Candidates who score below 9.5 in the CE will be excluded and will not be contacted for the interview. In the interview, aspects aimed at evaluating the candidates' motivation, interest in continuous improvement, professional development, analytical and argumentative skills, maturity, and sense of responsibility (30%) will be addressed. The final classification (FC) will be established using the formula $(CE \times 7 + I \times 3) / 10$.

10. Composition of the Selection Committee

President: Fernando Manuel da Rocha Pichel, Senior Health Advisor, Director of the Nutrition Service, ULSSA;

First Member: Ana Cristina Ramalho Cavalheiro, Health Assistant, Nutritionist of the Nutrition Service, ULSSA;

Second Member: Mariana Godinho Pinho Ferreira de Fraga, Senior Technician, Nutritionist of the Nutrition Service, ULSSA;

First Alternate Member: Maria Monteiro Cardoso de Menezes Monteiro da Silva, Health Advisor, Nutritionist of the Nutrition Service, ULSSA;

Second Alternate Member: Carla Maria Ferreira Lourença Silva, Health Assistant, Nutritionist of the Nutrition Service, ULSSA.

11. Method of Publication and Notification of Results

Candidates will be notified via the email address provided at the time of their application and/or through the ULSSA website (<http://www.chporto.pt>).

Each candidate will be assigned an ID, which will be used as a means of identification throughout the selection process, replacing the candidate's identity (General Data Protection Regulation).

Interview invitations will be made through the contact email address indicated by the candidates in their respective application forms.

The result lists (admitted and excluded candidates, curriculum evaluation, final ranking list) will be made available on the ULSSA website, posted on the DEFI notice board, and sent to candidates by email.

The scholarship will be awarded to the highest-ranked candidate, who must express in writing their intention to accept the scholarship. In case of non-acceptance, the scholarship will be awarded according to the final ranking order.

ULSSA may use the final ranking list during the scholarship holder's contract period if there is a withdrawal or cancellation of the scholarship during the contract, and if conditions allow for a contract period of three consecutive months or more.

12. Deadlines and Procedures for Prior Hearing, Complaint, and Appeal

After the communication of the provisional evaluation results list, candidates have a period of 10 working days to, if they wish, express their views in a prior hearing of interested parties, in accordance with Articles 121 and following of the Administrative Procedure Code.

The final decision will be made after analysing the statements presented in the prior hearing of interested parties. An appeal against the final decision can be lodged within 15 working days, or alternatively, an appeal can be filed within 30 working days, both counted from the respective notification. Complaints are addressed to the Chair of the selection jury, and appeals to the competent Administrative Court.

13. Deadline, Submission, and Formalisation of Applications

13.1 Deadline

The competition is open from 28 January 2025 to 10 February 2025 (10 working days).

13.2 Submission of Applications

Applications must be formalized through a request addressed to the President of the Board of Directors of the Unidade Local de Saúde de Santo António, which must include the identification of the competition through the reference to the Research Grant BI.01/2025/NUTRIA/ULSSA, the full name, residence or contact address, contact phone or mobile number, and contact email address, attaching the documents mentioned in point 13.3. Applications should be sent to the email address bolsas.defi@chporto.min-saude.pt, with the subject: Research Grant BI.01/2025/NUTRIA/ULSSA and the candidate's first and last name.

Alternatively, they can be delivered in person, at the Secretariat of the Management Board of DEFI, ULSSA, on a portable memory device (commonly known as a pen drive). Only applications received by 23:59 on the last day of the deadline defined in point 13.1 will be considered.

13.3 Mandatory Documents

13.3.1 Application form;

13.3.2 Motivation letter;

13.3.3 Curriculum vitae, documented with the facts described therein;

13.3.4 Certificate of qualifications proving the bachelor's degree or its recognition in Portugal when awarded by foreign higher education institutions;

13.3.5 Proof of enrollment in a master's course in nutrition or related areas or a declaration of honour (in the case of a declaration of honour, proof of enrollment must be presented at the time of the grant contract);

13.3.6 Document proving registration with the Order of Nutritionists;

13.3.7 Other supporting documents that candidates consider relevant for the assessment of their merit. Documents submitted after the deadline indicated in this announcement will not be considered.

14. Scholarship Contracting

For the scholarship contracting, some documents required under Article 14 of the RBI of CHUdSA, applicable to the specific situation of the selected candidates, will be necessary in any case:

a) Document proving compliance with the exclusive dedication regime, as provided for in subparagraph f), no. 1 of Article 14, or a declaration under honour, in which the candidate attests to the exclusive dedication situation at the start date of the scholarship.

b) Document proving the country of residence, residence permit, or other legally equivalent document, valid at the start date of the scholarship, in the case of foreign candidates or non-residents in Portugal.

c) Document in which the scholarship holder attests not to have been a beneficiary of the same type of scholarship directly funded by ULSSA.

d) Document proving enrolment in a Higher Education Institution, related to the situation declared under honour.

Failure to submit the required documentation for contracting within 10 working days after the date of the conditional grant communication implies the expiry of the said grant.

Template: Declaration of Honour

Academic qualifications / enrolment in a course at a Higher Education Institution | [the candidate should adapt the declaration to their respective needs](#) |

I, [|name|](#), candidate for the position for the award of a [|type of scholarship|](#), within the scope of the project [|project name and reference when indicated|](#), published on the ULSSA website, with the reference ([see the announcement - Ref. BI.xx/xxxx/xxxxx/ULSSA](#)), declare under honour that I have completed the academic

degree of **xxxx** | **academic degree** |, qualifying for the type of scholarship in the competition, namely the course | **designation** |, by **xxxxx** | **awarding University** |, on the date **xx/xx/xxxx** [1], with a final average of **xx** points.

Further declare that as of this date **xxxx** | **I am enrolled or meet the requirements to enrol** | in the **xxxxx** | **course designation** |, at **xxxx** | **Higher Education Institution designation** |.

As it is not possible for me to present proof of **xxxx** | **qualifications / enrolment** | by the end of the competition period, I declare that I undertake to present the said certificate at the time of the scholarship contract [2], in case I am selected for the position in the competition.

As it is true, this declaration is dated and signed by me.

Date

Signature

[1] The declaration can only attest to facts that occurred up to the date of the application.

[2] In cases of discrepancies between the information in the declaration and the documentation submitted for the purpose of the scholarship contract, only the information in the latter will be considered.

Announcement in <https://www.chporto.pt/bolsas>